

PLAYER/COACH SIT-OUT VERIFICATION FORM

In accordance with OSA OPL Policies and Procedures, the following ejection policy must be followed:

Part XI Ejections and Discipline

- A. Any player ejected from an OPL match shall be suspended from their next OPL match or Oklahoma State Cup match.
- B. Any coach ejected from an OPL match shall be suspended from the next OPL match or Oklahoma State Cup match for the team they were coaching at the time of the ejection.
- C. It is the responsibility of the coach or manager to submit to the OSA Tulsa office a sit-out verification form (available on the OSA website) following the match the player or coach sat out. If the required suspensions are not served, additional penalties may be issued.

Player's Name _____ Jersey # _____

or

Coach's Name _____

Team _____ Age Group _____ Boys _____ Girls _____

Date of Player/Coach Ejection _____ Opponent _____

If Sit-Out is for a DPS suspension, please check here

Date Of Sit-Out Game _____ Opponent _____

Coach/Manager _____ Phone _____

The above named player or coach, as identified to the referee by the coach and/or manager, did not participate in the above dated game. **The referee and Coach/Manager must sign and date this form below.**

Referee _____ Date _____

Signature _____

Coach/Manager _____ Date _____

Signature _____

This form must be completed and sent to OSA (Tulsa Office) within 72 hours of the sit-out game. Failure to comply may result in additional penalties.

**Oklahoma Soccer Association
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