

OKLAHOMA SOCCER ASSOCIATION (OSA)

Oklahoma Recreational League (ORL)

Policies and Procedures

Recommended Recreational Closed League Policies and Procedures

Revised 3/5/2023 (Effective Spring 2023)



The mission of the Oklahoma Recreational League (ORL) is to develop players and to promote the development of Oklahoma recreational players through training and competition on a weekly basis throughout the playing season.

RLOC

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Table of Contents

Part I. ORL Policies and Procedures, Operations Committee, Review of Decisions	2
Part II. Oklahoma Recreational League Structure	3
Part III. Open League Rules and Policies with Closed League Recommendations.....	3
Part IV. Hosting Club and Team Responsibilities*	4
Part V. Referees	7
Part VI. Procedure for Postponement and Reschedule of Matches	7
Part VII. League Play.....	8
Part VIII. Recreational No Play Dates.....	8
Part IX. Games, Discipline and Appeals	8
Part X. Player Registration.....	10
Part XI. Team Registration.....	11
Part XII. Recreational Select Team Formation Policy	12
Appendix A - Recreational and Recreational Plus Club Wide Player Pass Guidelines	14
Appendix B - Oklahoma Recreational League Secondary Player Policy	16
Appendix C - RLOC Policy Regarding Restricted Play Time For All Recreational Players	17
Appendix D - Oklahoma Recreational League Traveling Rec Open/Rec Select Bracketing/Scheduling Guidelines	18
Appendix E - 7v7 Policies 13U-14U, 15U-16U & 17U-19U	20
Appendix F - RLOC <i>Guidelines for Player/Team Official Suspensions and Other Sanctions</i>.....	21
Amendments and Revisions History	25

Part I. ORL Policies and Procedures, Operations Committee, Review of Decisions

- A. League Operation – The ORL shall operate under these Policies and Procedures and other decisions as adopted by the Recreational League Operating Committee (RLOC).
 - 1. Approval – These Policies and Procedures must be approved by a majority vote of the members of the RLOC and be presented to the OSA Executive Committee (OSAEC) for final approval.
 - 2. Revisions – Any revisions of the Policies and Procedures must be approved by majority vote of the members of the OSA Youth Council and presented to the OSAEC for final approval.
- B. League Operating Committee
 - 1. The RLOC shall operate under the supervision and direction of the OSAEC and the Recreational Vice-President.
 - i. The RLOC Commission shall consist of 7 members. The Chairman will be the Recreational VP and will be elected statewide. The four District VPs will be elected from their respective districts, and 2 at-large members.
 - ii. The Recreational VP and the District VPs will recommend a candidate for each of the 2 at large positions. The OSAEC will have final approval of these appointments. The term of the appointed positions will be one year and filled by August 15th of each year.
 - iii. Removal of RLOC appointed committee members:
 - 1. Any appointed committee member may be removed at the request of the elected RLOC members with the approval of the OSAEC. The reason for the requested removal must be submitted in writing to the OSAEC by the Chairman of the RLOC.
 - iv. Actions and Decisions – All actions and decisions taken by the RLOC shall be made by majority vote of all members of the RLOC. Votes may be taken in person, via email, or any other method that allows all members votes to be made in a time appropriate manner. The RLOC Chairman will cast the deciding vote in case of a tie among other voting members.
- C. Meetings – The RLOC shall meet at the request of the Recreational VP or a majority of all members of the RLOC, in any form deemed appropriate providing that all standing members are notified of the time, date, and method of such meeting at least 24 hours prior to the meeting.
- D. Advisory Subcommittees – The RLOC reserves the right to establish advisory subcommittees to assist in meeting the mission of the ORL. All advisory subcommittees will serve at the discretion of the RLOC Chairman and will only serve in an advisory capacity to the RLOC. It is anticipated that the advisory subcommittees could be used for (but certainly not limited to):
 - 1. Review of rules
 - 2. Recruitment of individuals to fill vacant positions
 - 3. Other issues as needed.
- E. Request for Review and Appeal

1. Any Team or Club may request a review of a decision made by the RLOC. To request a review of a decision by the RLOC, the following must be accomplished:
 - i. Request for review must be submitted in written form (letter or email) and received by the OSA Games, Discipline and Appeals Vice President within 7 days of the decision.
 - ii. Only a team's coach and or a club's designated representative may make a request for review.
 2. The Appeal must be filed in accordance with the OSA Appeals Policy.
- F. The RLOC will hear disciplinary matters that may arise from open league matches including player and coach send offs, review match terminations as well as other matters as needed.

Part II. Oklahoma Recreational League Structure

- A. The ORL can be Open or Closed Leagues
- B. The RLOC (RLOC) will operate the Open Recreational League.
- C. A club(s) hosting a Closed Recreational League will be responsible for operating the closed league.

Part III. Open League Rules and Policies with Closed League Recommendations

- A. The use of the CPP will be allowed in all divisions of the ORL. The policy for the recreational use of CPP will follow the current Recreational CPP policy of the OSA. The Recreational CPP policy is posted on the OSA web site (see Appendix A). Also, the use of Secondary Roster Players will be allowed in U9 and above ORL Open Traveling Leagues. The Recreational Secondary Player Policy is posted on the OSA web site (see Appendix B).
- B. Standings, Point System and Tie Breakers:
 1. A team's standing in its division will be determined by the number of points it receives based on its win/loss record during the league season. Points will be awarded as follows:
 - i. Three (3) points for a win.
 - ii. One (1) point for a tie.
 - iii. Zero (0) points for a loss.
 2. Ties for the League Championships will not be broken. All teams tied with the most league points will be considered Champions)
- C. Forfeits are recorded as a score of 3-0 for the winning team. If a team withdraws from the league before completing its schedule, all matches will be considered forfeits. Teams that do not show up to play a match will lose by forfeit. The forfeit must be reviewed by the RLOC, who will enter the forfeit score into GotSport. Teams that do not give 48 hours' notice that they will not be able to play a match could also risk losing an additional 3 points in the League Standings. The RLOC will review all no-show matches to see if the three-point subtraction is warranted.
- D. Matches that are not played, or no-plays, will not have a score recorded. Matches that are not played are subject to a review by the ORL for a determination.
- E. Minimum number of players to start a match:
 1. 11v11: 7 players
 2. 9v9: 6 players

3. 7v7: 4 players
 - i. 19U 7v7: 5 players
 4. 4v4: 2 players
- F. A team that allows a non-rostered player, or a player or coach serving a suspension, to participate in a match shall forfeit the match if won. If the match is lost, the first victory thereafter shall be forfeited. The coach will also face a disciplinary hearing on the matter.
1. A suspended coach shall not be within sight or sound of a match that the coach is serving a suspension from.
- G. ORL matches will be played using IFAB Laws of the Game as modified by US Youth Soccer Policy on Players and Playing Rules. These shall govern this league with the following exceptions and clarifications: *Note: OSA reserves the right to modify the application of any USYS Policies.*
- H. All Recreational players, including Recreational Select, must play a minimum of $\frac{1}{2}$ of every match.
- I. Substitutions
1. All OSA Recreational open/travel leagues: Unlimited substitutions at any stoppage with the referee's permission.
- J. Duration of Match
1. 8U and younger: Four 10-minute quarters with a 5-minute break between each quarter.
 2. 9U-10U: Two 25-minute halves with 10-minute half time.
 3. 11U-12U: Two 30-minute halves with 10-minute half time.
 4. 13U-14U: Two 35-minute halves with 10-minute half time.
 5. 15U-16U: Two 40-minute halves with 10-minute half time.
 6. 17U-19U: Two 45-minute halves with 10-minute half time.
 7. 15U-16U 7v7: Two 30-minute halves with 10-minute half time.
 8. 17U-19U 7v7: Two 30-minute halves with 10-minute half time.
- K. Uniforms
1. Each player shall have a number on the player's jersey. The number shall be affixed to the back of the jersey, be at least four inches tall and shall be clearly visible. Each player on a team must wear a number different from the number of every other player on their team. The official team roster shall include the number of each player's jersey.
 2. All players are required to wear shin guards that provide adequate protection.
 3. Goalkeepers must wear colors that distinguish them from the other field players.
 4. The home team will wear lightest colored jersey. The visiting team will wear the dark jersey. Unless agreed upon by both coaches, the team not wearing the correct uniform will be required to change.

Part IV. Hosting Club and Team Responsibilities*

****Part IV applies to all open and closed leagues***

- A. The hosting club will have properly prepared fields, including proper markings, nets, goal size, and corner flags. A club representative will be available to fix any problems associated with the fields. If the field is unable to be prepared properly by the hosting club, the match will be played if the referee determines that a hazardous condition does not exist.

- B. The hosting club will be responsible for closing the complex in case of inclement weather. If the complex closes, it will be the responsibility of the hosting club to notify the home team and the referee assignor. The home team shall notify the opposing coach and/or manager as soon as possible that the match has been postponed. Failure to notify the opposing coach or manager could result in the match being declared a forfeit.
- C. Match cards, Rosters, Player/Team Official Passes Required
1. Prior to each match, each team's players shall be verified by the referee as appearing on the team's official roster or match card as provided by a team official. At the discretion of the referee both teams may be checked in from a single match card. It is highly recommended that rosters or match cards lists the correct jersey number of each player. For all 9U-19U teams player identification shall be verified by referee review of laminated official USYS player passes displaying the player's name, date of birth, and picture, or the GotSport mobile application version of such. If a rostered player does not have a corresponding player pass, a player pass name is not on the official roster or match card, or the referee deems the player does not match the player pass, the player will not be eligible to play.
 2. Prior to each match all team officials to be present in the team's technical area during the match must have on their person a laminated USYS team official identification card, or the GotSport mobile application version of such, which shall be verified by the referee at check-in. The team official credential shall display the team official's name and picture. The team official credential shall be issued by the team's club verifying the listed team official has completed each of the following requirements:
 - i. Registration with the club including a current approved Risk Assessment/Background Check,
 - ii. The CDC Heads Up Concussion Training course,
 - iii. The SafeSport training course.
 3. Each team shall have a club designated Head Coach who shall be associated with the team's GotSport registration and be listed on the team's roster and match cards. Additional team officials shall likewise be associated with the team registration and be printed on rosters and match cards.
 - i. Team officials may not be associated with a team and credentialed by the club until the requirements of Section 2 above are met. Clubs and/or teams found in violation of this section are subject to suspension from play and removal from the schedule.
 - ii. It is strongly recommended that the team's head coach be present for all matches. A properly credentialed team official from the same club may substitute as head coach for matches when the designated head coach cannot be present.
 - iii. Persons may be designated as the head coach for multiple teams so long as each of the teams have at least one additional registered team official who serves as a team official for that team only.
 - iv. Clubs having team(s) without proper team officials associated with them in GotSport by the release of the season schedule shall receive notice of the pending removal of the team(s) from the schedule.

1. If the situation is not remedied by the club prior to 3 PM Central time on the Tuesday preceding the start of the season, the team's game(s) scheduled for the first week of the season shall be postponed to a rescheduled date mutually agreed upon by the two teams, but no sooner than the subject team becomes compliant with policy. The club causing the postponement shall be responsible for any reschedule fees.
 2. If the situation is not resolved by 3 PM Central time on the Tuesday following the start of the season, the team(s) shall be removed from the schedule for the remainder of the season without recourse or refund.
 3. Teams removed from the schedule shall have their matches scored as a forfeit.
4. Each team must have at least one credentialed team official from their club present in the team's technical area for the entire match.
 - i. In the event a credentialed team official is not present at match time the referee shall not start the match. If, after a grace period of ten minutes, or longer at the referee's discretion, a credentialed team official is still not present the referee shall abandon the match and refer the disposition of the match to the RLOC.
 - ii. If a team official is dismissed from the match and no other credentialed club team official is present the referee shall terminate the match and refer the disposition of the match to the RLOC.
 - iii. Matches abandoned for the above reasons may be rescheduled at the home facility of the team not at fault (or as otherwise determined by the RLOC); any fees for such a rescheduled match shall be payable by the team/club at fault.
 5. No persons other than rostered/guest/CPP players and club team officials checked in by the referee may be present in the team's technical area/bench during the match.
 - i. Players and team officials arriving after pre-match check-in must wait for check-in by a referee prior to entering the team's technical area/bench.
 - ii. A player participating in a match without being checked-in by the referee may be cause for forfeit of the match.
 6. The team's head coach, or club team official serving in such capacity, is responsible for the behavior of those present in the team's technical area, bench, and that of the team's spectators; and shall be subject to warnings and dismissal from the match by the referee for disruptive behavior.
- D. The home team will provide a match ball to the referee. If the referee does not deem any provided balls to be acceptable, the visiting team may be asked to provide a ball.
- E. Team Rosters/Match Cards are the official match record.
1. When two match cards are provided, after the match the referee will complete both copies and return one to each team. Though it is primarily the responsibility of the winning team (or home team if a draw), either team may record the result in GotSport.
 2. When only one match card is provided, after the match the referee will complete and return that copy to the winning team (or home team if a draw).

Though it is primarily the responsibility of the winning team (or home team if a draw), either team may record the result in GotSport.

3. Coaches/managers must retain the match cards until:
 - i. December 31st for Fall seasons
 - ii. June 30th for Spring seasons
 4. Coaches/managers will immediately provide a copy of any match card requested by ORL administration.
 5. If the responsible party does not record the match score within 96 hours of the completion of the match, either team may email the ORL Administrator the GotSport match number and score to request the score be entered by the league. Once the score is entered, both teams will be notified through GotSport.
- F. Each team shall clean up their respective areas before leaving. The hosting club will be asked to notify the club president if a non-home club team(s), which could be the home and/or visiting teams, leaves their respective area(s) in an inappropriate manner.
- G. There will be a 10-goal mercy rule if the losing coach requests it. The Mercy Rule cannot be applied until the first half has ended. The losing coach must notify the referee at half time if invoking mercy rule.
- H. All medical devices are subject to the approval of the referee with respect to player safety.

Part V. Referees

****Part V applies to all open and closed leagues***

- A. Payment – All referee assignments fees and referee fees will be the home teams' Club financial responsibility.

Part VI. Procedure for Postponement and Reschedule of Matches

- A. If the COMPLEX is closed because of inclement weather or field conditions, the home team shall notify the opposing coach or manager as soon as possible that the match has been postponed.
 1. Failing to notify the opposing coach or manager could result in the match being declared a forfeit for his/her team. The home team will notify the visiting coach by 2 of 3 methods to count as notification. Those methods are by Email, Phone Call or Text Message.
- B. Coaching conflicts will be avoided as much as possible when scheduling but no promises can be made. This is especially applicable to coaches who have more than two teams in ORL. Teams are encouraged to have qualified assistant coaches available whenever possible.
- C. Rescheduling Matches
 1. Both coaches must agree to have a match rescheduled. The match must be rescheduled within seven days of the postponement.
 2. Rescheduling matches will be subject to the home team's club reschedule policy.
 3. It is not anticipated that the season end dates will be extended and determination for this will be at RLOC discretion.

4. Teams attending a USYS sanctioned tournament will receive a guaranteed postponement/reschedule of any league matches scheduled during the tournament.
5. Club Schedulers will not place a rescheduled match on the schedule until they have received written agreement from both coaches. The Home team coach will provide the coaches written agreement to the Club Scheduler.

Part VII. League Play

- A. Teams must be able to start the match within 10 minutes of the scheduled match time. If a team cannot start within 10 minutes of the scheduled match time, the other team shall be awarded a victory by forfeit.
- B. 'Start the match' is defined as having the minimum number of players appropriately dressed, on the field and ready to play. Merely having the minimum number of players on-site is not sufficient.
- C. If a match is terminated because of weather, it shall be judged a completed match if the match had started the second half before the match\ was terminated. If the match was of lesser duration, it shall be replayed.
- D. If a referee terminates a match because of player, coach or team conduct, the match score shall be reported, as it was at the time the match was terminated. The RLOC will review the causes of termination and determine if the match will be accepted as a complete match, resumed from the point of suspension, or replayed.
- E. If a referee suspends a match due to situations other than described in Sections C or D, the match score shall be reported, as it was at the time the match was terminated. The RLOC will review the causes of suspension and determine if the match will be accepted as a complete match, resumed from the point of suspension, or replayed.
- F. 9U and older Teams and Coaches will sit on one side of the field and Parents and Spectators will sit on the opposite side of the field.
- G. League matches that are scheduled on Sunday will not be scheduled to start play before 1:00 PM.

Part VIII. Recreational No Play Dates

- A. Teams may submit no-play dates with their application as follows:
 1. 11U – 19U teams are allowed 4 no-play days per season.
 2. A Tournament weekend will be 2 No Play Dates.

Part IX. Games, Discipline and Appeals

- A. Assault against Match Officials
 1. Assault against match officials shall be handled and adjudicated in accordance with USSF Policy 531-9.
- B. Player Sent Off
 1. A player who receives a red card/send off on their primary team, secondary team or while playing on a club pass shall serve their suspension on their primary teams next ORL or USYS competition match, whichever occurs first. A player may not play on club pass or secondary roster for any other team until that player's suspension is served in full on their primary roster.

2. It is the responsibility of the coach or manager to submit the OSA sit-out verification form signed by the match referee. They shall submit said form, electronically or in person, to the OSA Office within 72 hours of the match completion. The OSA sit out form is available on the OSA website.
 - i. A player may serve his/her suspension on the team bench but may not be in uniform.
3. All send offs shall be reviewed by the RLOC and considered for additional match suspension(s).
 - i. If additional match suspension(s) are imposed, the RLOC shall notify the team's officials and team's club in writing or electronically after reviewing the incident and rendering a decision.
 - ii. RLOC rulings on additional match suspension(s) may not necessarily be completed before the next scheduled ORL or USYS Competition.

C. Team Official Sent Off

1. Any team official sent off from an ORL match shall be suspended from the next ORL match or next match in any USYS competition, whichever occurs first, for the team they were coaching at the time of the send-off.
2. Any team official sent off by the referee must immediately leave sight and sound of the match. They are not permitted to have any contact in person or through use of electronic devices with players, team management or other coaches during the remainder of the match. They may not return to the area until the referee crew has left the area after the completion of the match.
 - i. Failure to comply with these requirements may result in the match being terminated by the referee.
 - ii. Each infraction of these requirements shall incur an additional match suspension.
 - iii. For imposed match suspension(s) the team official shall not be within sight or sound of the match and are not permitted to have any contact in person or through use of electronic devices with players, team management or other coaches during the course of the match.
 1. The coach shall have their appointed replacement submit the OSA sit-out verification form signed by the match referee. They shall submit said form, electronically or in person, to the OSA Office within 72 hours of the match completion. The OSA sit out form is available on the OSA website.
 2. The RLOC shall confirm the validity of the submitted sit out form with the referee.
3. The RLOC may, at its discretion, require a team official having been sent off from any match to attend a USSF sanctioned referee course. An attendance form may be provided to the team official by the ORLC to be completed by the course training official.
 - i. Any disruption of the course by the attending team official shall result in additional sanctions as deemed appropriate by the RLOC.
 - ii. The team official shall submit the completed attendance form, electronically or in person, to the RLOC by the stated requirement date on attendance form.
 - iii. The RLOC shall confirm the validity of the submitted attendance form with the training official.

4. The RLOC may, at its discretion, impose upon any team official sent off from a match a probationary period deemed appropriate by the Committee.
 - i. During the probationary period, any send-off of the team official from a match shall result in an indefinite suspension of the team official. The suspension will remain in effect until the RLOC receives an application for a hearing from the suspended team official and the committee holds such a hearing with the team official present. The Committee shall hear the team official, consider the circumstances and determine appropriate sanctions to be imposed or decide to reinstate the team official.
 - ii. No team official under indefinite suspension may participate in any OSA or USYS soccer related activity.
- D. The referee of the match shall have the responsibility of recording infraction(s) on the match card under IFAB Laws of the Game Law XII
- E. Appeals
 1. Appeals of match suspensions, probationary periods and/or indefinite suspensions may be made in writing to the RLOC.
 2. Within seven days of receiving the appeal, the RLOC shall notify the team's officials and team's club in writing, or electronically of the committee's decision.
- F. Match Protests
 1. ORL Open League match protest will be heard by the RLOC. A \$200.00 protest fee must accompany the filing of the appeal. The appeal fee must be in cash, cashier's check, or money order. The appeal must be in writing and filed, at an OSA office, within 72 hours of the end of the match in protest. If the appeal is granted, the protest fee will be refunded.
 2. ORL Closed League match protest will be heard by the Club(s) Games and Disciplinary Committee hosting the league.
 3. Decisions of RLOC or any Closed League Games and Disciplinary Committee, may be appealed to the OSA Games, Discipline and Appeals Committee.
- G. Litigation
 1. Organization members, officials, leagues, clubs, teams, players, coaches, administrators, and referees will adhere to US Soccer Bylaw 706 in reference to litigation.

Part X. Player Registration

***Part X applies to all open and closed leagues**

- A. Recreational Teams must be formed by one or more of the six methods listed below that fit the needs of the Club best:
 1. School Attendance
 2. Geography
 3. Neighborhood Concept
 4. Player Draft
 5. Random Draw
 6. Recreational Select (a.k.a. Rec+). The Recreational Select Team Selection Policy. See Part XII

- B. The Clubs will register individual players. Clubs will use one or more of the team formation methods listed in A. above. Formation of teams, adding, dropping, releasing and transfers of players shall be controlled by the respective Club rules, where a team is formed, and any OSA rules or policies that may apply. Club team formation guidelines changes shall be submitted to OSA by July 1st of each year for OSA approval.
 - 1. The Club Registrar will maintain all Closed League Team Rosters.
 - 2. The OSA Registrar will maintain all Open League Team Rosters.
 - 3. Youth Players must not have reached the age of 19 before January 1st of the seasonal year. The age chart will be maintained on the OSA web site. The Clubs will be responsible for verifying all player's ages.
- C. A player may play in an older age division but not in a younger age division.
- D. A current roster of all teams shall be provided to OSA. Each team, that wishes to play in the ORL, must be registered with OSA through its local club.
- E. Recreational Select teams may be formed at any age level. Recreational Select teams formed at the 8U and lower ages must be scheduled by the home club.
- F. Recreational Select teams must have a plus sign (+) added after the team's name.
- G. Maximum number of players on Recreational teams
 - 1. 6U & Younger (4v4): Maximum roster size is eight (8)
 - 2. 7U – 8U (4v4): Maximum roster size is eight (8)
 - 3. 9U – 10U (7v7): Maximum roster size is twelve (12)
 - 4. 11U – 12U (9v9): Maximum roster size is sixteen (16)
 - 5. 13U – 14U (11v11): Maximum roster size is twenty-two (22)
 - 6. 15U – 16U (11v11): Maximum roster size is twenty-two (22)
 - 7. 17U - 19U (11v11): Maximum roster size is twenty-two (22)
 - 8. 15U – 16U (7v7): Maximum roster size is twelve (12)
 - 9. 17U - 19U (7v7): Maximum roster size is twelve (12)
- H. No more than 18 players may be in uniform and/or participate in any match.

Part XI. Team Registration

****Part XI applies to all open and closed leagues***

- A. Each team playing in the ORL must be properly registered in its respective Club and OSA fees paid in full.
- B. Each player playing or practicing, in the ORL shall be registered with OSA through its member clubs and shall submit a properly completed USYS Youth Registration Form.
- C. Each U11 to U19 player shall have a current, laminated USYS player pass with a current photograph affixed or the digital version from Got Soccer.
- D. Each coach participating in an ORL competition shall be:
 - 1. Registered with OSA, and Risk Management approved by OSA before participation with youth players.
 - 2. Possess a USYS pass (laminated or digital) with a current photograph affixed.
 - 3. Making progress towards the ORL coaching license recommendations listed below:

  OK Soccer Recreational Coaches	U6-U8		U9-U10		U11-U12		U13-U19			
	Free Online Grassroots Coaching Module	4v4 Online	4v4 In- Person	7v7 Online	7v7 In- Person	9v9 Online	9v9 In- Person	11v11 Online	11v11 In- Person	USSF D License
	Required		Strongly Recommended							
OK Youth Academy Coaches	Required									

Part XII. Recreational Select Team Formation Policy

****Part XII applies to all open and closed leagues***

OSA Recreational Select teams will be formed each season in accordance with the following policy:

- A. Recreational Select Teams – Recreational Select teams also referred to as “Rec+”, may be formed for the purpose of playing in the ORL as may be desired by the home club, coach, and team. The team’s Head Coach chooses the teams’ roster (some restrictions may apply – see below rules and requirements).
- B. Recreational Select/Rec+ Rules and Requirements
 1. Rec+ teams may be formed in all age groups.
 2. Rec+ teams participate in recreational soccer. All Recreational Select players are afforded the same Player’s Right to Play as all recreational players. (i.e., All players must participate in at least 50% of the allotted match time each match. *The use of tryouts or any similar process to roster players to any team on the basis of talent or ability is prohibited.*
 - i. The following activities are expressly prohibited by OSA:
 1. Invitation to, or participation of a recreational player in, an activity with a coach and/or team at any OSA sanctioned or governed activity (including team meetings, practice, and training sessions) with the intention of evaluating the player’s talent or ability for consideration of inclusion on a Rec+ team’s roster; other than as permitted below.
 2. Any activity expressly prohibited by the player’s and/or coach’s home club.
 - ii. The following activities are not prohibited by OSA:
 1. Invitation to, or participation of a recreational player in, any activity with a coach and/or team preceded by mutual agreement that the player will be included on the Rec+ team if the player so chooses to join the roster (*expressly for the player/parent(s) to evaluate the coach/team in coming to a decision to become a rostered player for the Rec+ team*).
 2. Observation of a player participating at a regular season match, tournament, or other public event.
 3. Observation of a player at a club sponsored training event with permission of the club.

4. Player participation with a team utilizing Club Player Pass in accordance with OSA policy governing such.
5. Participation by, or observation of, a player in any event/league that is not sanctioned or governed by OSA.
 Note: Activities not sanctioned by OSA are excluded from insurance policies provided to OSA members
- iii. Clubs shall publicize these guidelines to all recreational coaches and members via an appropriate and effective means.
 1. Non-compliance with this policy and/or guidelines shall be reported to the RLOC.
 2. Coaches/Teams/Clubs found to be acting in, or condoning, violation of the policy and/or guidelines shall be subject to sanctions as deemed appropriate by the RLOC.
3. Submission of Recreational Select teams must be applied for by the team's Head Coach via submission of a Recreational Select/Rec+ Roster Form to the home club registrar. Players shall not be placed on Recreational Select rosters without a completed player detail and parent/guardian signature on file with their club registrar.
4. Head Coaches are responsible for submission of a newly completed Recreational Select/Rec+ roster form to the home club registrar each Fall season, and submission of any roster changes each Spring season by the close of the club's normal registration period.
5. Clubs may also make the decision to submit a team as Recreational Select for inclusion in a Recreational Select League.
6. The Recreational Select/Rec+ Form will be available to the home club.
7. Teams choosing to register as a Recreational Select/Rec+ team for the spring season must place all players returning from the Fall team roster onto the new Rec+ team unless a player's parent or guardian requests removal from the team.
8. Players may be added to a Rec+ roster in the Spring or Fall, so long as the maximum number of players for the applicable age class is not exceeded.
 - i. All Recreational Select/Rec+ team names will be followed by a (+) Plus sign. (i.e., New York Red Bulls+)
 - ii. Clubs can formulate any other rules for Recreational Select/rec+, which fit the needs of the club. A copy of these rules must be presented by the home club to OSA by July 1st of each year.

Appendix A - Recreational and Recreational Plus Club Wide Player Pass Guidelines

- A. All players develop at their own rate due to the difference between chronological age and developmental age. Greater flexibility regarding individual player development must be given to clubs to ensure that they are able to help all their players reach the level of excellence that the player desires to achieve as well as to be able to sometimes manage differences in clubs as well.
- B. A Club Player Pass (CPP) system allows for more realistic and fluid movement of players between teams and levels of play. This fluid movement allows the player to be challenged at the appropriate level based on their current level of development. This movement can help reduce the 'win at all cost' team first attitude and put the focus of player development back on the individual player. CPP should never be used to improve a team's standing in league play and should not typically be used to make sure a team has enough players for a match.
- C. Player Movement
 1. Oversight
 - i. It is recommended that any club using CPP in the Recreational or Recreational Plus setting do so under the guidance and oversight of someone with a US Youth National Y License.
 2. Policy/Procedure
 - i. Any club wishing to utilize CPP for Recreational or Recreational Plus in house match must have a written policy/procedure stating:
 1. Club philosophy for use of CPP in those divisions.
 2. Any and all internal rules, restrictions, guidelines, and procedure for use of CPP in those divisions.
 3. Guidelines
 - i. While OSA does not provide specific guidelines for when CPP may be used in these divisions in house the following are some situations in which it which it might make good sense to use CPP in these divisions:
 1. Allowing a Recreational player to move to a Recreational Select-Plus team in their age group.
 2. Moving a Recreational or Recreational Plus player to a Recreational Plus team one-age division higher.
 3. Moving a Recreational player to a higher ranked same age team or Recreational team one-age division higher.
 4. CPP shall only be used for League matches. The maximum number of CPP players that can be used for any League match are below.
 - a. 9U-10U Two CPP Players
 - 11U-12U Two CPP Players
 - 13U-14U Three CPP Players
 - 15U-19U Four CPP Players
 5. CPP players will be added by the Club Registrar for recreational teams for a League match in accordance with the number of CPP players allowed.
 - ii. Following are examples of situations in which it would not be allowed to use CPP:

1. Recreational Plus player moving to a Recreational team in the same age division.
 2. Recreational Plus player moving to another Recreational Plus team in the same age division.
 3. If the CPP Player(s) will miss their assigned team's match.
- iii. CPP may not be used to allow Recreational or Recreational Plus players to play for other teams in the club or teams from another club for tournament play. CPP does not affect any Guest Player guidelines that are in place for tournaments.

Appendix B - Oklahoma Recreational League Secondary Player Policy

- A. A player may be on the Primary Roster of only one team in all leagues sanctioned by OSA. A player may also be on the Secondary Roster of one additional team from the same club as their primary team. The Secondary player must be age appropriate.
- B. Players shall not miss their Primary team's league match to play for their secondary team.
- C. The Maximum numbers of secondary players that can be added to a Primary Roster for any age group are below.
 - 1. 9U-10U Two Secondary Players
 - 11U-12U Two Secondary Players
 - 13U-14U Three Secondary Players
 - 15U-19U Four Secondary Players
- D. The use of Secondary or CPP players on a team shall not displace a Primary Player from participating in a match. All players must play 1/2 of each match minimum.
- E. The use of Secondary or CPP players shall not cause a team to go over the maximum number of players allowed to play for a team in a match. (See Section I)
- F. A club must seek permission from a player's parent to be added as a secondary player on another roster. The club shall have a form for the Parent to sign for this permission.
- G. Rostering Secondary players is a club option.
- H. Recreational Select (Recreational Plus) Players cannot be a secondary player on a recreational team.
- I. After a Secondary Player has been added to a roster, they cannot be removed to add another Secondary Player, unless that secondary player is also "Officially Released" from his/her Primary Team.
- J. Secondary players can only be used in ORL League play.

Appendix C - RLOC Policy Regarding Restricted Play Time for All Recreational Players

- A. As per ORL Policies and Procedures Part III Section H., each player on a recreational team has the right to play at least 50% of every match in which the team participates. The RLOC (RLOC) deems that it shall be the responsibility of each coach to strictly comply with this policy. Notwithstanding this, it is recognized that there are instances in which this right may be restricted.
- B. This policy of the RLOC permits a coach to deny the player's right to play in one match or restrict playing time to one quarter of a match; provided that the coach must have established a written disciplinary policy setting forth standards which differentiate between discipline for failure to practice and discipline for unsportsmanlike or violent conduct at practice. Such disciplinary policy must be approved by the home club and be published to the team's players and players' parent(s)/guardian(s) prior to the commencement of the season. This policy and any club or team standards of conduct shall be uniformly applied, without bias, to all players on a team. In no instance may a coach restrict playing time below one-half of a match in consideration of a player's ability or skill.
- C. The RLOC has adopted the following requirements for application of this policy:
 - 1. A coach may restrict playing time to a single quarter of one match for three or more absences to practice provided that the reason for such absences is not for attendance at school or church functions. In order to document such absences, it is required that each coach note player attendance to practices and be able to provide specific information as to the dates of practices missed. Such restriction must be noted on the match form and the player and player's parent(s)/guardian(s) must be notified in twenty-four hours advance.
 - 2. A coach may deny for one match a player's right to play for violent or unsportsmanlike conduct at practice. Such restriction must be noted on the match form and the player and player's parent(s)/guardian(s) must be notified twenty-four hours in advance.
 - 3. In any situation where the coach believes it is necessary to deny or restrict a player's playing time, the written approval of a club administrator must be obtained in advance of notification to the player.
- D. This policy does not preclude restriction of a player's playing time due to injury, illness or other substantive reason as mutually agreed upon by the coach, player and/or player's parent(s)/guardian(s).
- E. Failure to comply with this policy may result in disciplinary action against the coach by the governing authority in accordance with ORL Policies and Procedures, Section IX.

Appendix D - Oklahoma Recreational League Traveling Rec Open/Rec Select Bracketing/Scheduling Guidelines

- A. These are some of the criteria that will be used when bracketing teams. These guidelines are not weighted, hence no numeric ordering, some will apply to teams, some will not. It will be up to the Recreational League Operating Committee RLOC and OSA recreational admins to make the best determination, keeping the items listed below in mind. In some cases, the RLOC may not be able to use one or more of these guidelines in order to form a viable league(s).
1. In order to be scheduled, a team must first be registered online via GotSport. Registration is the responsibility of the registrar and/or home club.
 2. The club and/or coach is responsible for ensuring that the team is entered in the correct age division. Should the team end up in a younger age division, we have no choice but to move the team up into the correct age division.
 3. Only the record from the previous playing season will be considered. Tournaments, prior seasons, etc. will have no bearing on placement.
 4. Any team returning more than 50% of the players from the previous season is still considered that team. Any team that changes their name will still be considered the previous named team.
 5. If teams are merged, that information should be submitted to the OSA recreational admin. Submit both team names, records, etc.
 6. Any team that requests to play in the Rec Select bracket will be placed accordingly. When possible, Rec Select teams will be placed in a rec select bracket. If there are not enough teams to make a rec select bracket, those teams will be placed in the highest-level recreational bracket in the Spring season.
 7. Any team that requests to play in a higher age division will be placed accordingly.
 8. A girls' team that requests to play in the boy's division will be placed accordingly.
 9. No requests will be considered for a lower skill placement.
 10. No requests will be considered for a younger age division. Age of eldest player will determine the appropriate age division.
 11. When making the brackets, there will be a minimum of 5 teams (play each other twice for a total of 8 matches), and a maximum of 11 teams (play each other once for a total of 10 matches)
 12. The above guidelines will be used when possible.
 13. In Leagues with teams that are scheduled to play each opponent an unequal number of times, only the highest numbered match will count towards the official standings. The RLOC will let the Coaches know which match numbers will be considered "Official Scrimmages". These official scrimmage match scores will not be entered into the standings of the league.
 14. The minimum number of matches that count towards league standings will be six (6).
 15. The RLOC reserves the right to mix age groups to make leagues when needed.
 16. The RLOC reserves the right to schedule U15 and up teams in a Statewide League if needed.

17. The RLOC will not take into consideration teams that have players playing up when forming leagues. Playing up is a Club and Coach decision that is out of the control of the RLOC. All scenarios need to be considered, by the coach and the club, when allowing a player to play up.

B. Promotion and Relegation

1. Any team that is dominant in their bracket will move up to the next bracket between the Fall and Spring seasons, if there is a higher one. Also, any team that is dominated in their bracket will move down to the next bracket between the Fall and Spring seasons, if there is a lower bracket. This could apply to multiple teams as well.

Appendix E - 7v7 Policies 13U-14U, 15U-16U & 17U-19U

- A. Current ORL policies apply to any item not covered in the special 14U, 16U & 19U 7v7 policies.
- B. Age
 - 1. "19U" includes 17U, 18U and 19U as defined by US Soccer's Player Matrix for the current year. These ages will be bracketed together as 19U.
 - 2. "16U" includes 15U and 16U as defined by US Soccer's Player Matrix for the current year. These ages will be bracketed together as 16U.
 - 3. "14U" includes 13U and 14U as defined by US Soccer's Player Matrix for the current year. These ages will be bracketed together as 14U.
- C. Number of Players
 - 1. The maximum number of players on the field per team at any one time is seven (7), one of whom is the goalkeeper. The minimum number of players to start or continue a match is five (5).
 - 2. The maximum number of players on a roster shall not exceed twelve (12).
 - 3. Coed teams playing in a coed league must always have at least two female players on the field not including the goalkeeper. (This only applies to leagues that are specifically coed).
- D. Field of Play
 - 1. Standard 9v9 field: 70' x 45' min/80' x 55' max, 21' x 7' goal.
- E. Duration of the Match
 - 1. 30-minute halves with 10-minute half time.
- F. Goal Kicks/Keeper Played Balls
 - 1. A goal kick taken by any player, or any ball played by the goalkeeper from within his or her own penalty area, from the hands or the feet (thrown, kicked, punted, or drop-kicked), may not cross the halfway line without first touching the ground or any other player.
 - 2. SANCTION: An indirect free kick is awarded to the opponents on the halfway line at the point where the ball crossed.
- G. Offside
 - 1. Conforms to IFAB Laws of the Game.
- H. Substitutions
 - 1. Unlimited at any stoppage of play with the referee's permission.

Appendix F - RLOC Guidelines for Player/Team Official Suspensions and Other Sanctions

The following guidelines are to be used by the RLOC as a basis for deciding sanctions to be imposed for misconduct by players and team officials but are not to be considered the maximum length of suspensions or the limit of sanctions which may be employed. The disciplining body must evaluate incidents as to intent, severity, and past misconduct to determine the appropriate sanctions. All red cards or team official dismissals must result in the minimum sanctions listed herein. If circumstances warrant, the disciplining body may impose sanctions including longer periods of suspension, and/or require other remedial action(s) as authorized by the OSA Board of Directors.

A. DISCIPLINE – PLAYER MATCH MISCONDUCT (Red Cards)

- a. Resulting from a second caution (2CT): Defined as persistent infringement or dissent by word or action shall result in at least a ONE match suspension.
- b. DOGSO (DGH/DGF): Defined as denying the opposing team a goal or an obvious goal scoring opportunity by deliberately handling the ball or an offense punishable by a free kick or a penalty kick shall result in at least a ONE match suspension.
- c. Serious Foul Play (SFP): Defined as using disproportionate and unnecessary strength in a manner likely to hurt or injure an opponent (i.e., a tackle from behind which endangers the safety of an opponent) shall result in at least a ONE match suspension.
- d. Offensive, Insulting or Abusive Language and/or Gestures (AL): Defined as a verbal or non-verbal gesture deemed offensive, insulting, or abusive and...
 - i. is not directed at a person shall result in at least a ONE match suspension,
 - ii. is directed toward any person or includes gestures with any part of the body which implies visual profanity and/or lewd and lascivious behavior shall result in at least a TWO match suspension,
 - iii. includes a derogatory reference to race, religion, sexual preference, sexual identity, and/or a mental/physical disability or includes any intentional exposure of the anatomy considered lewd and lascivious shall result in at least a THREE match suspension.
- e. Violent Conduct (VC): Defined as a violent physical act...
 - i. not resulting in bodily contact which implies or threatens physical harm (i.e., attempting to shove, bump, grab, strike, hit or punch, or throwing of items at a person) or gestures simulating such shall result in at least a TWO match suspension,
 - ii. resulting in bodily contact in the course of play with clearly no intent to play or fight for the ball shall result in at least a TWO match suspension,
 - iii. resulting in bodily contact not in the course of play with the intent to injure shall result in at least a THREE match suspension,
 - iv. resulting in bodily contact with intent to injure after entering a fight in progress or any action resulting in law enforcement becoming involved shall result in at least a FOUR match suspension.

- f. Spitting (S): Defined as spitting on or at another person as well as spitting onto one's own hand prior to shaking hands with another person shall result in at least a TWO match suspension.

B. DISCIPLINE - PLAYER IDENTITY

- a. Any player who attempts to conceal their identity, impersonate another person and/or conspire to participate in such an act either before, during or post-match, with the intent of participating in a match for which they would otherwise be ineligible or to avoid disciplinary action shall be suspended for a minimum of THREE matches.

C. DISCIPLINE – TEAM OFFICIAL MATCH MISCONDUCT (Dismissals)

- a. Any dismissal of a team official shall result in at least a ONE match suspension.
- b. Any dismissal of team official which resulted from or was followed by the use of:
 - i. Offensive, Insulting or Abusive Language and/or Gestures, defined as a verbal or non-verbal gesture deemed offensive, insulting, or abusive and...
 - 1. is not directed at a person shall result in at least a TWO match suspension,
 - 2. is directed toward any person or includes gestures with any part of the body which implies visual profanity and/or lewd and lascivious behavior shall result in at least a THREE match suspension,
 - 3. is made by an Adult (eighteen years of age or older) directed to a referee seventeen years of age or younger shall result in at least a FOUR match suspension,
 - 4. includes a derogatory reference to race, religion, sexual preference, sexual identity, and/or a mental/physical disability or includes any intentional exposure of the anatomy considered lewd and lascivious shall result in at least a FIVE match suspension,
- c. Violent Conduct, defined as a violent physical act...
 - i. not resulting in bodily contact which implies or threatens physical harm (i.e., attempting to shove, bump, grab, strike, hit or punch, or throwing of items at a person) or gestures simulating such shall result in at least a THREE match suspension,
 - ii. resulting in bodily contact without the intent to injure shall result in at least a FOUR match suspension,
 - iii. resulting in bodily contact with the intent to injure shall result in at least a 6-month suspension,
 - iv. resulting in bodily contact with intent to injure after entering a fight in progress or any action resulting in law enforcement becoming involved shall result in at least a ONE-year suspension.
- d. Spitting, defined as spitting on or at another person, as well as spitting onto one's own hand prior to shaking hands with another person shall result in at least a TWO match suspension.

D. DISCIPLINE - TEAM OFFICIAL IDENTITY

- a. Any team official who attempts to conceal their identity, impersonate another person and/or conspire to participate in such an act either before, during or post game, with the intent of participating in a match for which they would otherwise be ineligible or to avoid disciplinary action shall be suspended for a minimum of THREE matches.

E. DISCIPLINE – MISCONDUCT TOWARDS MATCH OFFICIALS

- a. Misconduct toward match officials by players or team officials shall be defined as detailed in USSF Policy 531-9. Wherein references to “Referee” shall be interpreted to include, but not be limited to, all registered referees, assistant referees, forth officials, tournament, league, or club officials, or any unlicensed or unregistered person serving in an emergency capacity as a referee. Any act committed before, during, or after a match, if it is match related, may constitute misconduct toward match officials. Sanctions imposed for misconduct towards match officials shall meet the minimum requirements of USSF Policy 531-9. If circumstances warrant, the disciplining body may impose sanctions including longer periods of suspension, and/or require other remedial action(s) as authorized by the OSA Board of Directors.

F. MISCONDUCT PROCEDURES

- a. Referees must submit written reports of all game misconduct, except for players cautioned, directly to the RLOC within 48 hours after the game.
- b. Minor referees to note age on report.
- c. Team Officials should submit a written incident report to RLOC regarding all game misconduct issues within 72 hours of the game. Coaches who elect not to submit a written incident report within 72 hours of the game forfeit their right to request a review of all sanctions of three games or less.
- d. Games forfeited without play will not count for game suspension sit-out(s).
- e. Any player or team official who participates in a game while ineligible will cause that game to be charged as a forfeit. Additional sanctions may be imposed at the discretion of the RLOC for failure to serve a suspension or comply with other sanction(s).
- f. A game protest is not required for the RLOC to act on issues of player or coach eligibility.

The following is provided for reference:

USSF Policy 531-9. Misconduct Toward Game Officials

(3) (a) (i) Referee assault is an intentional act of physical violence at or upon a referee.
(ii) For purposes of this policy, “intentional act” shall mean an act intended to bring about a result which will invade the interests of another in a way that is socially unacceptable. Unintended consequences of the act are irrelevant. (b) Assault includes, but is not limited to the following acts committed upon a referee: hitting, kicking, punching, choking, spitting on, grabbing, or bodily running into a referee; head butting; the act of kicking or throwing any object at a referee that could inflict injury; damaging the referee’s uniform or personal property, i.e., car, equipment, etc.

(4) (a) Referee abuse is a verbal statement or physical act not resulting in bodily contact which implies or threatens physical harm to a referee or the referee's property or equipment. (b) Abuse includes, but is not limited, to the following acts committed upon a referee: using foul or abusive language toward a referee that implies or threatens physical harm; spewing any beverage on a referee's personal property; or spitting at (but not on) the referee.

(5). Penalties and Suspensions

(A) Assault

(1) The person committing the referee assault must be suspended as follows:

(a) for a minor or slight touching of the referee or the referee's uniform or personal property, at least 3 months from the time of the assault; (b) except as provided in clause (i) or (ii), for any other assault, at least 6 months from the time of the assault: (i) for an assault committed by an adult and the referee is 17 years of age or younger, at least 3 years; or (ii) for an assault when serious injuries are inflicted, at least 5 years.

(2) A State Association adjudicating the matter may not provide shorter period of suspension but, if circumstances warrant, may provide a longer period of suspension.

(B) Abuse The minimum suspension period for referee abuse shall be at least three (3) scheduled matches within the rules of that competition. The Organization Member adjudicating the matter may provide a longer period of suspension when circumstances warrant (e.g., habitual offenders).

Offense Codes

C1 – Unsporting Behavior (UB)

C2 – Dissent by word or action (DT)

C3 – Persistent Infringement (PI)

C4 – Delays restart (DR)

C5 – Fails to respect distance (FRD)

C6 – Enters/Re-enters field (E)

C7 – Deliberately leaves field (L)

S1 – Serious Foul Play (SFP)

S2 – Violent conduct (VC)

S3 – Spits at or on another person (S)

S4 – Denies opportunity by hand ball (DGH)

S5 – Denies opportunity by FK/PK offense (DGF)

S6 – Offensive, insulting, or abusive language (AL)

S7 – Second caution in same match (2CT)

Amendments and Revisions History

Amended 1/2014

- Revised Part XI. Sec D.
 - Effective January 2014, each coach participating in an ORL competition shall be:
 - Registered with OSA, and Risk Management approved by OSA before participation with youth players.
 - Possess a USYS pass (laminated or digital) with a current photograph affixed.
 - Making progress towards the ORL coaching license recommendations listed below: (table inserted)

Amended 3/26/15

- Appendix C revised

Amended 12/17/17

- Appendix D revised

Amended 2/4/23 as approved by RLOC, OSAEC and GMM

- Revised Part IV. Section C
- Added Appendix F - OSA ORL G&D Committee Guidelines for Player/Team Official Suspensions and Other Sanctions

Amended 3/5/2023

- Editorial Revisions Proposed 2/19/23 - The following editorial revisions were made to the document:
 - Replace the OSA logo on the title page with the 2022 OSA logo
 - Revision of the document to have a consistent formatting and numbering including a linked Table of Contents
 - Revision of punctuation and minor grammatical errors
 - Revision of text referring to the Oklahoma Recreational League and variations thereof to be consistent with Oklahoma Recreation League (ORL)
 - Revision of informal text referring to “game” or “games” to “match” or “matches”
 - Revision of “FIFA Laws of the Game” to “IFAB Laws of the Game”
 - Revision of “GotSoccer” to “GotSport”
 - Revision of references to the league’s “Games, Discipline and Appeals Committee” and “District Games, Discipline and Appeals Committee” to “RLOC”
 - Replace the missing title of Part IV. C. with “Match cards, Rosters, Player/Team Official Passes Required”.
 - Remove references to revision or effective dates from the body of the document and detail such in the Amendments and Revisions History section.