



ADULT PLAYER/TEAM MANAGER SIT OUT VERIFICATION FORM



All Send Offs (Red Cards) carry an automatic, mandatory, non-appealable administrative suspensions of one game. Send Offs will be reviewed, and a greater suspension may be issued by the league/club in certain cases. This form is not valid without the signature and legibly printed name of the referee for the game the player is sitting out.

DO NOT LEAVE THIS FORM WITH THE REFEREE OR OPPOSING TEAM MANAGER

INSTRUCTIONS: Complete this form and return it to your Adult Soccer league/club within the timeframe specified by your league/club. Failure to comply may result in additional sanctions.

PLAYER/COACH/TEAM OFFICIAL INFORMATION - PLEASE PRINT INFORMATION (except Signature line)

Name: _____
First Middle Last

Date of Ejection: _____

Roster Number Gender Division

Date of Sit Out Game: _____

Club/Team

Team Manager: _____
Printed

Team Manager: _____
Signature

Club/Team: _____

Opponent Team: _____

Referee: _____
Printed

Referee: _____
Signature