



## ADULT PLAYER/TEAM MANAGER SIT OUT VERIFICATION FORM



All Send Offs (Red Cards) carry an automatic, mandatory, non-appealable administrative suspensions of one game. Send Offs will be reviewed, and a greater suspension may be issued by the league/club in certain cases. This form is not valid without the signature and legibly printed name of the referee for the game the player is sitting out.

### DO NOT LEAVE THIS FORM WITH THE REFEREE OR OPPOSING TEAM MANAGER

**INSTRUCTIONS:** Complete this form and return it to your Adult Soccer league/club within the timeframe specified by your league/club. Failure to comply may result in additional sanctions.

#### PLAYER/COACH/TEAM OFFICIAL INFORMATION - PLEASE PRINT INFORMATION (except Signature line)

Name: \_\_\_\_\_ Date of Ejection: \_\_\_\_\_  
First Middle Last

\_\_\_\_\_ Date of Sit Out Game: \_\_\_\_\_  
Roster Number Gender Division

\_\_\_\_\_  
Club/Team

Team Manager: \_\_\_\_\_  
Printed

Team Manager: \_\_\_\_\_  
Signature

Club/Team: \_\_\_\_\_

Opponent Team: \_\_\_\_\_

Referee: \_\_\_\_\_  
Printed

Referee: \_\_\_\_\_  
Signature